



November 2022

Welcome to the Healthy Pima Newsletter!

This newsletter aims to provide ways to get involved in the community, learn about Healthy Pima workgroups, and share upcoming community events and trainings.

We Want to Include "You" in the Next Newsletter

Share program highlights with us, or let us know if your work is in need of collaborators and we'll include it in the next newsletter.

Email us at [Healthy Pima](#)

Healthy Pima action groups used the results of Pima County's 2021 Community Health Needs Assessment to develop action plans to address the county's four priority health needs

- Mental & Behavioral Health-
- Substance Use Disorder-
- Social Determinants of Health-
- Access to Care-

Over the next three years goals, objectives, strategies, and activities will be executed to improve community health.

Volunteer Opportunity

The Healthy Pima Initiative has fantastic opportunities to make an impact in our community, get to know the staff, network, and have fun! Our Steering

Committee is looking for more members and will hold its first meeting via ZOOM on November 17, at 10 AM. For more information or to receive the ZOOM link, please email [Dedra](mailto:dedra@azcompletehealth.com).

Once the Healthy Pima Steering Committee is formed, we will begin forming Access to Care and Social Determinants of Health action groups.

Mental & Behavioral Health

Pima County Suicide Prevention Task Force

Healthy Pima partnered with the PIMA COUNTY SUICIDE PREVENTION TASK FORCE, led by Arizona Complete Health, to coordinate action with community collaborators around suicide prevention and postvention efforts.



The group is currently meeting virtually via ZOOM on the 4th Tuesday of every other month.

The next meeting is November 29th from 3:00-4:00 PM.

Please contact Julie Mack at JUMACK@azcompletehealth.com for meeting information.

Crisis Intervention Services

As of October 1, 2022, Arizona moved to a single crisis line. Even though there is a new number, all existing numbers will still work.

The statewide crisis line is available 24 hours a day, 7 days a week.

Crisis services are available to any Arizona resident, even if you do not have health insurance coverage.

1-844-534-4673

[Click Here to Learn More](#)

Substance Use Disorder

CODAC Collaboration Meeting Group

Healthy Pima partnered with The CODAC COLLABORATION Meeting Group, led by CODAC, to increase substance misuse services for residents of Pima County.



The group is currently meeting virtually via TEAMS on the 3rd Tuesday of each month.

The next meeting is November 15, from 2:00-3:30 PM.

Please contact Alex Fernandez at nfernandez@codac.org for meeting information.

Access to Care

Well Woman HealthCheck

The Well Woman HealthCheck Program helps individuals who were born biologically female have access to breast and cervical cancer screenings.

Eligible clients receive clinical breast exams, mammograms, pap tests, and pelvic exams. Diagnostic exams like ultrasounds, biopsies and other tests are also available if indicated. Referral assistance is provided for treatment if needed.

[Click Here for More Information](#)

Community Information



Food insecurity is an economic and social indicator of the health of a community. Currently 12.6% of Tucsonans struggle with food. As we prepare for the holiday season, please remember your neighbors in need.

[Check out the Food Bank's Website](#)

Immunizations

The Pima County Health Department offers a variety of immunizations for children and adults at the Theresa Lee Clinic, the East Office, and the North Office.

Appointments and walk-in services are available.

Bring immunization records, insurance, or AHCCCS cards.

[Schedule an Appointment or Find Hours/Locations](#)



[Visit our Website](#)



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