



May 2023

Welcome to the Healthy Pima Newsletter!

This newsletter aims to provide ways to get involved in the community, learn about Healthy Pima workgroups, and share upcoming community events and trainings.

We Want to Include YOU in the Next Newsletter

Share program highlights, or let us know if you need collaborators and we'll include it in the next newsletter.

Email us at **Healthy Pima**

Healthy Pima action groups used the results of Pima County's 2021 Community Health Needs Assessment to develop action plans to address the county's four priority health needs:

- Mental & Behavioral Health-
- Substance Use Disorder-
- Social Determinants of Health-
- Access to Care-

We will implement goals, objectives, strategies, and activities over the next two years to improve community health.

News From the Steering Committee

Applications are still open to join!

The Steering Committee has eight vacancies we're looking to fill. Our mission is to work together to build a culture of health in Pima County for Every one. Every where. Every day.

Steering Committee members represent various sectors of Pima County. We are looking for new members from **Substance Use Disorder, Access to Care, Healthy Aging, Social Determinants of Health, and Health Equity.**

Please note that participation in the Steering Committee is fully volunteer-based work. Please share this opportunity with colleagues that may be interested in joining. Thank you!

If interested, contact our Healthy Pima Lead, **Dedra Clark-McGee**, Special Staff Assistant Senior, Special Projects.

Contact Dedra

Mental & Behavioral Health

Pima County Suicide Prevention Task Force

Healthy Pima partnered with the Pima County Suicide Prevention Task Force, led by Arizona Complete Health, to coordinate action with community collaborators around suicide prevention and postvention efforts.



The group meets **quarterly** via **ZOOM** on the **4th Tuesday** of the month.

The next meeting is Tuesday, July 25 from 3-4 p.m.

Please contact Julie Mack at **JUMACK@azcompletehealth.com** for meeting information.

Talk Saves Lives: An Introduction to Suicide Prevention for Latinx and Hispanic Communities



**American
Foundation
for Suicide
Prevention**

This is a community presentation that covers what we know about this leading cause of death, the most up-to-date research on prevention, and the strategies that can help save lives.

Following this presentation, participants should be able to:

- *Describe the scope of the problem of suicide within Latinx and Hispanic Communities*
- *Describe suicide risk & protective factors specific to Latinx and Hispanic Communities*
- *Describe warning signs of suicide*
- *Explain how to get help for yourself or someone in a suicidal crisis*
- *Explain how to seek and offer support for yourself or others*

This presentation will be provided in both English and Spanish. A zoom link will be sent 24 hours prior to the event. All participants should be at least 18 years of age.

**Virtual Presentation
May 11, 2023
5:30 p.m. MST (Arizona)**

[Register for the Talk Saves Lives Presentation](#)

Introduction to Supporting Those At Risk



**American
Foundation
for Suicide
Prevention**

When someone in your life attempts suicide or experiences suicidal thoughts, it can be difficult to know how to best support them in their recovery. Introduction to Supporting Those At Risk is designed to provide you with information and resources on how to support someone in your life with lived experience. In the context of this presentation, the term “lived experience” refers to someone's experience with suicidal thoughts and/or a past suicide attempt.

Suggested Participants:

- *Those who have supported or are supporting a loved one who has struggled or attempted suicide*
- *Those interested in learning more, because anyone may need to support someone at some point in time*

Registration is required and participants must be at least 18 years or older to attend. For virtual events, a Zoom link will be sent 24 hours before the event.

Virtual Event
May 25th, 2023
6:00 p.m. MST (Arizona)

Register for the Intro. to Supporting Those At Risk Presentation

Substance Use Disorder

CODAC Collaboration Meeting Group

Healthy Pima partnered with the CODAC Collaboration Meeting Group, led by CODAC, to increase substance misuse services for residents of Pima County.



The group meets virtually via **TEAMS** on the **4th Tuesday** of each month.

The next meeting is Tuesday, **May 23** from **2-3:30 p.m.**

Please contact Alex Fernandez at nfernandez@codac.org for meeting information.

Social Determinants of Health - The Built Environment

The City of Tucson is Kicking Off Community Health Assessments in the La Doce and Thrive in the 05 Neighborhoods!



The City of Tucson's Environmental & General Services Department has

received two Brownfields Grants through the Environmental Protection Agency (EPA) and is getting ready to conduct community health assessments in the La Doce and Thrive in the 05 neighborhoods. La Doce is a 3-mile stretch along South 12th Avenue from 44th Street to Drexel Road and Thrive in the 05 focuses on a 2.3-square-mile area roughly bounded by Miracle Mile to the north, Speedway Boulevard to the south, Stone Avenue to the east, and I-10 to the west.

Through the Brownfields Program, communities across the country have assessed and identified 10,333 opportunities to repurpose and sustainably reuse underutilized and unused properties. These areas have been converted into parks, playgrounds, trails, community gardens, natural habitats and open land that provides aesthetic, recreational and quality-of-life advantages that benefit human health and the environment. Another way this program has improved human health and the environment is through helping businesses to assess and clean up environmental hazards on their properties or properties they are interested in buying.

The City of Tucson is about to begin Key Informant Interviews for the assessments of the La Doce and Thrive in the 05 neighborhoods. These assessments will be used to help guide local government, community organizations, and businesses as they make decisions on which projects will strengthen community wellbeing and health in these two neighborhoods.

If you are a community leader and would like to be a Key Informant interviewee or if you know of a leader who should be interviewed, contact Katy Tucker Ortiz y Pino with the University of Arizona's - Arizona Prevention Research Center (AzPRC). Katy and her team are gathering data and conducting Key Informant Interviews and community engagement activities through May on behalf of the City of Tucson. **AzPRC is also looking for opportunities to speak with community members from these neighborhoods. If you know of any upcoming events where community members might gather, please contact Katy.**

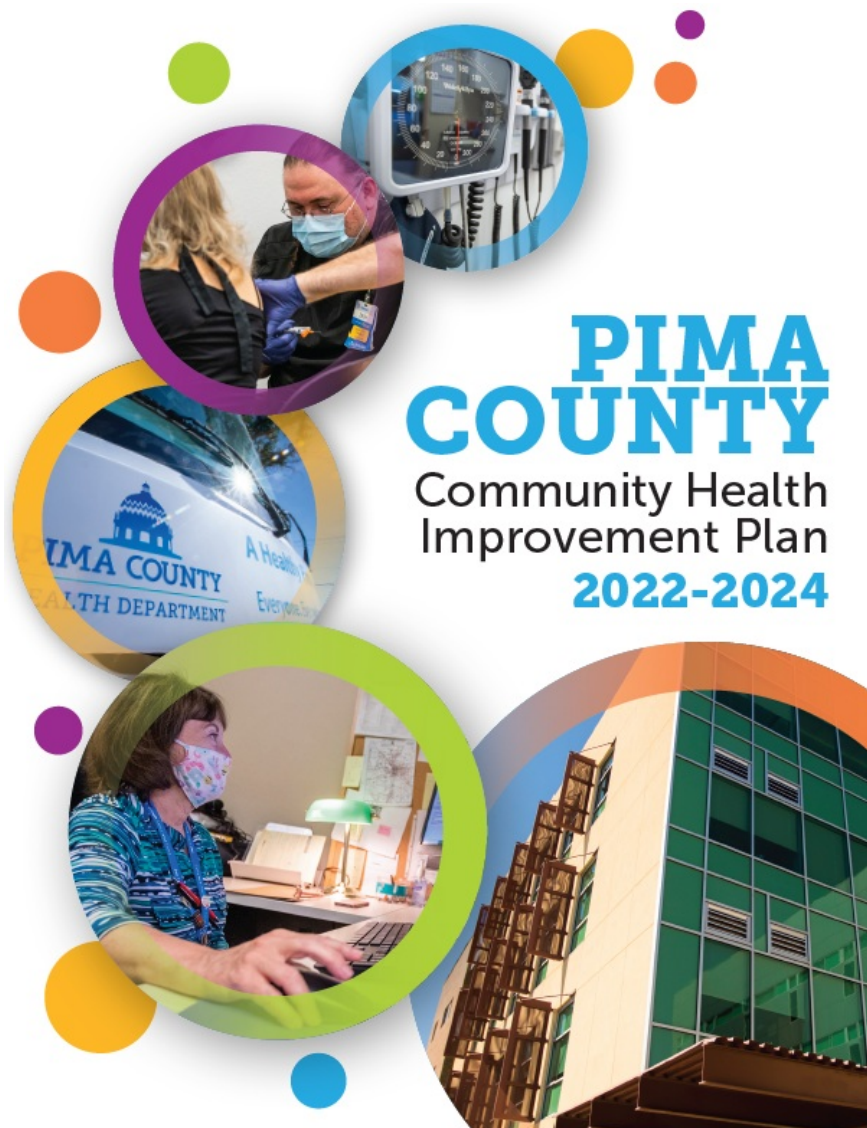
[Contact Katy](#)

Community Information

Pima County's 2022-2024 Community Health Improvement Plan is Complete!

The "community health improvement planning" process, or CHIP, is an opportunity to develop a common agenda for the entire community. It will help all of us to focus our energy and resources and support policies,

projects, and programs that will be most effective in improving the health of the people we serve.



[Download the CHIP](#)

The Pima County Health Department's 2021-22 Annual Report is Out!



The Pima County Health Department is pleased to share with our residents and community partners the department's Fiscal Year 2021-22 Annual Report.

This annual report outlines key accomplishments and successes, as well

as the challenges we face to meet new demands and emerging public health threats.

[Download the Annual Report](#)



[Visit our Website](#)



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