



July 2023

Welcome to the Healthy Pima Newsletter!

This newsletter aims to provide ways to get involved in the community, learn about Healthy Pima workgroups, and share upcoming community events and trainings.

Which Pima County District Do You Live In?

Healthy Pima wants to ensure that we have representation in all Pima County districts. Take our one-minute survey.

[Take the Survey Here](#)

We Want to Include YOU in the Next Newsletter

Share program highlights, or let us know if you need collaborators and we'll include it in the next newsletter.

Email us at **Healthy Pima**

Healthy Pima action groups used the results of Pima County's 2021 Community Health Needs Assessment to develop action plans to address the county's four priority health needs:

- Mental & Behavioral Health-
- Substance Use Disorder-

-Social Determinants of Health-

-Access to Care-

We will implement goals, objectives, strategies, and activities over the next two years to improve community health.

News From the Steering Committee

Healthy Pima is officially closing the application process, but if you are interested in serving, Healthy Pima is looking for people to join the Access to Care and Social Determinants of Health workgroups, and are looking for representatives for all workgroups from each of the 5 county districts.

If interested, contact our Healthy Pima lead, **Dedra Clark-McGee**, Special Staff Assistant Senior, Special Projects.

Contact Dedra

Mental & Behavioral Health

Pima County Suicide Prevention Task Force

Healthy Pima partnered with the Pima County Suicide Prevention Task Force, led by Arizona Complete Health, to coordinate action with community collaborators around suicide prevention and postvention efforts.



The group meets **quarterly** via **ZOOM** on the **4th Tuesday** of the month.

The next meeting is Tuesday, **July 25**, from **3-4 p.m.**

Please contact Julie Mack at **JUMACK@azcompletehealth.com** for meeting information.

Substance Use Disorder

CODAC Collaboration Meeting Group

Healthy Pima partnered with the CODAC Collaboration Meeting Group, led by CODAC, to increase substance misuse services for residents of Pima County.

The group meets virtually via **TEAMS** on the **4th Tuesday** of each month.

The next meeting is Tuesday, **July 25**, from **2-3:30 p.m.**

Please contact Alex Fernandez at nfernandez@codac.org for meeting information.

3rd Annual Overdose Awareness Day Community Event



Enlightening Hope Project[®]

Out of the darkness...into the light.

Enlightening Hope Project's 3rd Annual Overdose Awareness Day community event will be held in collaboration with HOPE Inc. on **August 27** at **1200 N Country Club Road Tucson, Arizona 85716**. This year's theme is recognizing those people who go unseen. Those whose lives have been altered by overdose will be honored.

Enlightening Hope Project is dedicated to people struggling with addiction and mental health. The project's foundational team believes that to change perceptions, the community must be educated about the disease of addiction and mental illness.

Enlightening Hope Project is currently looking for collaborators such as - vendors, first responders, and workers in healthcare and support services to set up booths at the event.

If you are interested in being a collaborator at this event, please email Naomi Vega at naomi.vega@enlighteninghopeproject.com or call **520.543.0023**

Enlightening Hope Project Information

Access to Care

The U.S. Centers for Medicare and Medicaid Services (CMS) are Conducting a Public Education Campaign for the No Surprises

Act, a New Federal Statute Which Bans Surprise Medical Bills



Surprise medical bills represent a financial burden for many Americans.

As of January 1, 2022, consumers have new protections against surprise bills when getting emergency care, non-emergency care from **out-of-network providers** at **in-network** facilities, and air ambulance services from out-of-network providers.

Through new rules aimed at protecting consumers, excessive out-of-pocket costs are restricted, and emergency services must continue to be covered without any prior authorization, regardless of whether or not a provider or facility is in-network.

CMS has an array of educational materials for consumers and providers on their website, www.CMS.gov/Nosurprises. These include videos, slide decks, and FAQs.

Community Information

Grant Writing Boot Camp: Federal Grant Geek Out!



This workshop will cover tips on best practices for creating a successful federal grant response including elements such as logic models and management plans.

Carolyn Owens is a grant writing consultant with 25 years' experience who has obtained millions of dollars in federal grant awards. She will help attendees learn how to find and review federal grant opportunities.

Date: Thursday, August 10

Time: 12:30-2 p.m.

Location: Richard Elías-Mission Library

[Register Here](#)

Interested in Becoming a Mentor with Boys To Men Tucson?



Boys to Men will be hosting their *free* Mentor Facilitation Training in July! Come join them to discuss the socialization of masculinity within our society and how mentors can support the masculine identified youth in our community.

When we practice showing up for the masculine youth in our community, everybody benefits. Understanding the importance of this work is one thing, but taking personal responsibility for the youth in our community is how collective change can truly happen. When boys grow up without positive, reliable men in their lives, it creates multi-generational waves of harm throughout communities. Most of us today can identify how either absent or hurtful men have impacted our own lives.

This training is *specifically* for folks that are interested in becoming a Mentor with Boys to Men Tucson this upcoming school year!

This training is no cost to you other than your time.

Food will be provided!

Date: July 22, 2023

Time: 9 a.m.-4 p.m.

Location: The Historic Y

Address: 738 N 5th Ave, Tucson, 85705

[Register Here](#)

Transformative Masculinity Summer Camp



Join the first annual HIM Initiative Transformative Masculinity Summer Camp! This camp will provide an incredible 4-day experience for young men, where the focus will be on identity, leadership, trust-building, healing,

fun, and growth.

This free, day-time summer camp is for young men ages 16-20.

Camp is free of charge and includes breakfast and lunch. All youth who complete the entire camp are eligible to receive \$100.

Space is limited, and registration is required.

Camp highlights include
****High Ropes Course****
****Trust-building Challenges****
****Swimming & Water Games****
****Great Food****
****Transportation Available****
****Leadership Training****
****Certification upon Completion****

This camp is for *all* masculine-identified youth.

Date: July 25-28
Time: 9 a.m.-5 p.m.

[Register Here](#)

Community Food Bank of Southern Arizona Weekend and Evening Volunteer Opportunities!



**THE COMMUNITY FOOD BANK HAS RECENTLY EXPERIENCED A
SUBSTANTIAL SHIFT IN NEEDS**

Emergency Food Distribution in July

Additional Thursday shifts: 1-3:30 p.m. and 3:15-6:30 p.m.

Please [click here](#) for more information.

Client Check-In

This opportunity requires computer skills, and training will be provided during your first shift. The food bank asks for a significant commitment due to the training that is required. Spanish proficiency is a huge plus! More information about this opportunity can be found by [clicking here](#).

T/W/Th 7:45-10:45 a.m., 10:30 a.m.-1:30 p.m.

4th Saturday of each month 8:30 a.m.-12:30 p.m.

Beginning in July, afternoon Thursday shifts:
1 p.m.-3:30 p.m., 3:15-6:30 p.m.

Emergency Food Bag and Box Production

T/W/Th/F 8:30-11:30 a.m., Saturday 9 a.m.-12 p.m.

Beginning on July 17, production will be open on all Saturdays except for the second Saturday of each month. To sign up, please [click here](#).

Sorting

T/W/Th 8-11:00 a.m., 11:30 a.m.-2:30 p.m., Saturday 9 a.m.-12 p.m.

Beginning on July 17, sorting will be open on all Saturdays except for the second Saturday of each month. Sorting can now accommodate small groups. For more information, please [click here](#).

Santa Cruz River Farmers Market

Thursdays 3-7 p.m.

Volunteers are needed to help support our Farmer's Market, where folks will work to provide fresh local produce to all Southern Arizonans. To join the fun, please [click here](#).

4th of July Diamonds in the Sky Celebration

July 4, 5-8 p.m.

Volunteers are needed to help collect food and donations at the 4th of July Diamonds in the Sky Celebration located at the Kino Veterans Memorial Stadium. More information can be found [here!](#)

The YWCA Racial Justice Center is About to Begin the Application Process for the 2023 Racial Justice Mini Grants



The purpose of the mini grants is to address systemic racism and develop additional racial equity strategies in Pima County.

The YWCA Racial Justice Mini Grants are established to support grass roots organizations advancing racial equity and racial justice in Pima County. The grant seeks to support efforts to transform systems that support racist norms and that produce outcomes that undermine the success of BIPOC (Black, Indigenous, People of Color) communities.

****Award amount will be \$5,000 & \$10,000****

****Both individuals and organizations are welcome to apply****
****501(c)(3) status/partnership with a 501(c)(3) organization is required****
****Applications will be open July 17-August 28****

[Click Here for More Information about the Racial Justice Mini Grants](#)



[Visit the Healthy Pima Website](#)



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