



December 2022

Welcome to the Healthy Pima Newsletter!

This newsletter aims to provide ways to get involved in the community, learn about Healthy Pima workgroups, and share upcoming community events and trainings.



We Want to Include "You" in the Next Newsletter

Share program highlights with us, or let us know if your work is in need of collaborators and we'll include it in the next newsletter.

Email us at [Healthy Pima](#)



Healthy Pima action groups used the results of Pima County's 2021 Community Health Needs Assessment to develop action plans to address the county's four priority health needs

- Mental & Behavioral Health-
- Substance Use Disorder-
- Social Determinants of Health-

-Access to Care-

Over the next two years goals, objectives, strategies, and activities will be executed to improve community health.

Volunteer Opportunity

The Healthy Pima Initiative has fantastic opportunities to make an impact in our community, get to know the staff, network, and have fun! Our Steering Committee is looking for more members and will hold its first meeting via Teams on December 14, at 10 a.m. For more information or to receive the Teams link, please email **Dedra**.

Once the Healthy Pima Steering Committee is formed, we will begin forming Access to Care and Social Determinants of Health action groups.

Mental & Behavioral Health

Pima County Suicide Prevention Task Force

Healthy Pima partnered with the PIMA COUNTY SUICIDE PREVENTION TASK FORCE, led by Arizona Complete Health, to coordinate action with community collaborators around suicide prevention and postvention efforts.



The group is currently meeting virtually via ZOOM on the 4th Tuesday of every other month.

Please contact Julie Mack at JUMACK@azcompletehealth.com for meeting information.



Strengthening Families Program

Slow Down and Spend Focused, Positive Time with your Kids
Parents and children will learn:

- *How to build positive family communication*
- *Skills to encourage good behavior and set goals*
- *Ways to reduce problematic behaviors and family conflict*
- *Skills to manage stress and deal with peer pressure*

For families with children ages 7 to 17
January 17, 2023 through March 28, 2023
Every Tuesday from 5:30-7:00 p.m. &
Every Thursday from 5:30-6:30 p.m.
Zoom

[Register Here](#)

Substance Use Disorder

CODAC Collaboration Meeting Group

Healthy Pima partnered with The CODAC COLLABORATION Meeting Group, led by CODAC, to increase substance misuse services for residents of Pima County.



The group is currently meeting virtually via TEAMS on the 3rd Tuesday of each month.

Please contact Alex Fernandez at nfernandez@codac.org for meeting information.

Access to Care

Syphilis is on the Rise in Pima County

AZ has the second-highest rate of congenital syphilis of all states

Since 2015, syphilis cases in women has increased 449%

The number of babies born with syphilis has doubled each year

Of the 166 babies born with syphilis in 2021 in Arizona, 10 died

In 2015, no cases of congenital syphilis were reported in Pima County

As of October 2021, there were 133 female cases of syphilis, with 25 involving pregnancy

[Click Here for More Information & Confidential Testing](#)

Community Information

Vitalyst Health Foundation Grant Opportunities



Due December 6: U.S Department of Transportation Thriving Communities Program

Due December 8th: USDA Food and Agriculture Service Learning Program

Due January 18, 2023: Common Good Challenge

Due January 31, 2023: The Arizona Women's Partnership

Due January 31, 2023: The Office of Research on Women's Health (ORWH): Research on the Health of Understudied, Underrepresented, and Underreported Populations

Due February 5, 2023: National Institutes of Health Leveraging Health Information and Technology to Address and Reduce Health Care Disparities

Various Grants & Deadlines: National Institute on Minority Health and Health Disparities

Various Grants and Deadlines: Arizona State Parks and Trails

Ongoing: The Goldberg Family Foundation

Ongoing: Albertsons Companies, Safeway, and Vons Foundation RFP

Ongoing: Arizona Housing Fund

Ongoing: Fred and Jean Allegretti Foundation



Healthy Intergenerational Masculinity Initiative Offers a Community Funded Grant

The Healthy Intergenerational Masculinity (HIM) Initiative, organized by

Emerge Center Against Domestic Abuse, Goodwill Youth Reengagement Centers, and Boys to Men Tucson, presents a Community Funding grant opportunity. The focus of the HIM Initiative is to invest in supporting community-based multigenerational approaches to Healthy Masculinity work in Southern Arizona with community-led solutions. Through this grant, the HIM Initiative expects to support community-wide infrastructural efforts to provide support for masculine-identified youth

Based on a **Community Readiness Assessment** conducted by the Southwest Institute for Research on Women in 2020, the HIM Initiative developed a strategic initiative for scaled systems in our communities that will transform the support available for masculine-identified youth in Tucson to grow healthy masculinity work in Pima County.

This initiative aims to ensure that all boys and masculine-identified youth in Tucson have access, both geographically and logistically, to mentors, programs, and communities that promote more fluid and healthy forms of masculinity. The grant focuses primarily on underserved youth, especially Black and Brown boys. The Initiative also seeks to reverse the destructive effects of toxic masculinity by transforming the policies and systems that harm these boys.

[Click Here to Learn More About this Project and Access the Application Form and Guidelines.](#)



Community Food Bank of Southern Arizona Grant & Loan Opportunities



Thriving Communities Grant
For Nonprofit, Faith, School, and Tribal Organizations, Collectives, and Mutual Aid Groups

The purpose of the Thriving Communities Grant is to support organizations, collectives, and mutual aid groups in addressing various aspects of food security, community health, social justice, and the root-causes of hunger. The grant can fund a wide array of projects, including infrastructure, supplies, training, community organizing, educational projects, pilot projects, evaluation efforts, and more.

Funding amount: Up to \$20,000 for individual organization applicants and up to \$60,000 for collaborations of 2 or more organizations.

[Click Here for More Information](#)



Habitat for Humanity Needs Volunteers December 2 & 3



Habitat for Humanity has a need for 40 volunteers (20 each day) to help with a Brush with Kindness Event on

Friday, December 2

or

Saturday, December 3

7:30 a.m.-1:30 p.m.

4686 N Laird Way 85705

Volunteers would be assisting with:

Friday: removing wood fencing, installing fence posts, and installing gutters

Saturday: installing wood fence and stain it

Participants must be 16 years or older.

Tools, snacks and water will be provided!

[If You Are Interested, Sign Up Here](#)



Visit our Website



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