



Notes

Collaboration Meeting Group

Tuesday, September 20, 2022

2:00-3:30 pm

TEAMS

Present

<u>Name</u>	<u>Organization</u>
Elizabeth Stamm	PCHD
Mark Person	PCHD
Kimberly Wang	PCHD
Arisia Lee	PCHD
Hollie Watson-Smith	PCHD
Alex Fernandez	CODAC
April Guzman	AzCH-CCP Arizona Complete Health
Christina Saxton-Valdez	Arizona Complete Health
Claudia Adams	Arizona Complete Health
Jennifer Kent	Arizona Complete Health

Welcome/Overview of Today's Meeting

- Alex Fernandez, CODAC

SUD Updates

- AZ Complete Health: Claudia Kent & Jennifer Kent
 - The State Opioid grant is ending 9/29/22
 - SOR will continue
 - Substance Use Disorder funds for people who do not qualify for AHCCCS or have gaps in insurance
 - HRSA funding will continue with Substance Use Disorder prevention and recovery services
 - SABG: PPW grant is going well

Data Sharing

- Mark Person, PCHD
 - For the year we are at 326 overdose deaths
 - The numbers for August are incomplete and the numbers will still climb
 - 2021
 - Projected to be under last year's total
 - A plateau or decrease is expected compared to last year
 - We are hoping to see the first decrease in 5-6 years
 - Drug Type
 - Fentanyl is #1 at 183
 - Methamphetamines is #2 at 150



- Alcohol is at 58
- There is a significant change of heroin with more fatalities than methamphetamines and alcohol. This trend continues.
- By Month
 - Stable numbers from last month
 - Slight reduction
 - May see a small decrease in august, which is different from 2020, where there was an increase in summer months
 - Not fluctuating as much from month to month as in the past
- Age Groups
 - 50-59 year-olds: the highest number of overdose deaths of all age groups, followed by 30 and 0-year-olds
 - 2020-2021: in the 30's had the highest numbers
 - Historically, people in their 50's had the highest deaths until we get to 2021 & 2022
 - We expect to see 50-59 year-olds to reach 100 deaths by the end of the year, especially compared to 2017, when the count was at 76 deaths
 - Something is going on with the 50s age group and we are not sure what is going on. We suspect that there are more fentanyl deaths in this age group than in the past
- By Manner
 - Almost 90% of deaths are by accident
 - 2022 has an 8.28% increase compared to past years
- Overdoses by Sex
 - Close to a 70/30 split, which are the numbers that we've seen historically
- Multi-colored fentanyl pills are definitely in Pima County. So far there have been no local deaths from these pills. If these were more potent, we would be seeing more deaths and we haven't, so it seems like it is just a dye. The only concern is that it could attract minors. So far, it does not seem to be attracting fentanyl overdose deaths.
- Alex Fernandez
 - Noted that CODAC is getting requests from school social workers to come and educate students about these multi-colored fentanyl pills.
 1. Mark: Right now, we are not seeing numbers of fentanyl deaths in teenagers matching the numbers of past years. Interventions, such as Narcan training at the school level are important for raising awareness at schools. These are designed to go to schools, parents, and guardians. Schools can adopt them for their own distribution.
- Mayra shared Fentanyl Warning Letter
 - [Fentanyl Warning Letter 09192022.pdf \(pima.gov\)](#)

Community Update

- Alex Fernandez
 - Alex recently attended the Flowing Wells Neighborhood Coalition meeting with businesses located in 85705 that addressed what law enforcement and community are doing about addiction and homelessness in this zipcode.



- Kevin Daly extended an invitation to the Tucson Police Department, Pima County Sheriff Chris Nanos, Tucson City Council member Steve Kozachik, and Pima County Attorney Laura Conover.
- 20 + businesses were represented and about 100 people were in attendance
- Regarding the Action Plan – is there an opportunity to work with these community members to discuss learning to know how to improve the system. Our group can have a conversation with these community members about Behavioral Health and resources that are available.
- Alex works with a deflection substance use response team and brought up the idea of inviting some people who attended the Flowing Wells Neighborhood Coalition meeting to join the CODAC Collaboration Meeting Group. Mark then suggested that we could present the Action plan at the next meeting.
- The Flowing Wells Neighborhood Coalition meeting is the 3rd Thursday of each month from 6-7 PM.
- This could be a good opportunity to work together.

Action Plan: Policy Recommendations

- Arisia Lee, PCHD
 - Announcements
 - Three-Part Series: How to Advocate for Change. Register here: [Meeting Registration - Zoom](#) (see the end of this document for more details)
- Action Plan Re-Cap: [Collaboration Meeting Group Action Plan](#)
- Final Objective was reviewed, one addition was suggested and the group was okay with modifying the objective.
- Amanda Monroy then shared her policy recommendations with the group and answered questions.
- The group was then asked to add their own policy recommendations to Jamboard.
- All policy recommendations were combined and voted on. Two policy recommendations received the same high number of votes. The group will vote on the final policy recommendation at the next meeting. See screenshot for reference.

POLICY RECOMMENDATION

Policy Recommendation Ideas

- *Add ideas to sticky notes, one idea per sticky
- *Click on the sticky, move it, and start typing
- *For a new sticky- click on the sticky icon on the left tool bar

Creating a safer and de-stigmatized environment for those with substance use disorders through education.

Work with a professional organization (for example, Chamber of Commerce) to require mandatory SUD training as a component of membership.

x adopts a resolution offering funds to the community to provide business Narcan.

Safe consumption sites

Safe Consumption/Overdose Prevention Sites

All school staff, including cafeteria and cleaning staff, required to take training on OD identification and naloxone administration.

Narcan/naloxone administration is a part of all First Aid/CPR trainings.

Continue with decriminalization
 :While drugs remain illegal and drug use is a prohibited behavior, violations are considered misdemeanors or administrative offenses. Treatment services can be scaled

Require that all opioid prescriptions be accompanied with a Narcan/naloxone prescription.

Deciding on Policy Recommendations to Use in the Action Plan

- *You have one green thumbs up to use
- *The policy recommendation with the most green thumbs up will be used as the policy recommendation for the action plan

<https://www.changelabsolutions.org/sites/default/files/WhatIsPolicy-FINAL-CLS-201705.pdf>

- Baseline data measurement recommendations were then shared with the group. The group was then asked to share their own baseline measurement recommendations. All recommendations were combined and the group voted on the baseline measurement they wanted to include in the action plan.

BASELINE MEASUREMENT

DEFINITION: a piece of data that has been taken before any action has been applied to such data

Baseline Measurement Recommendation Ideas

- *Add ideas to sticky notes, one idea per sticky
- *Click on the sticky, move it, and start typing
- *For a new sticky- click on the sticky icon on the left tool bar

Fatal overdoses due to *fentanyl/meth (data from Pima County's Office of the Medical Examiner) *choose 1 or 2 to track

Overall fatal overdoses in Pima County (data from Pima County's Office of the Medical Examiner)

Deciding on Baseline Measurement to Use in the Action Plan

- *You have one green thumbs up to use
- *The baseline measurement with the most green thumbs up will be used as the baseline measurement for the action plan



- Amanda Monroy, PCHD Policy Program Manger
 - Resources
 - [What Is Policy? | ChangeLab Solutions](#)
 - [The-Economic-Burden-of-Mental-Health-Inequities-in-the-US-Report-Final-single-pages.V3.pdf \(satcherinstitute.org\)](#)
 - From a policy point of view – it is a good idea to include the Flowing Wells Neighborhood Coalition in action planning
 - Policy change can be at different levels – Policy, Systems, and Environment
 - Systems level issues related to the Action Plan thus far can be Housing, Health Care, and Higher Potency
 - Areas of focus for a policy recommendation are at the environment level and are related to education.
 - Policy is good to include in an action plan because policy has a sustainable component because it can include the power of the law
 - Policy recommendations from the Action Plan are as follows
 - a. Creating a safer and de-stigmatized environment for those with substance use disorders through education.
 - b. Work with a professional organization (for example, Chamber of Commerce) to require mandatory SUD training as a component of membership.
 - An additional informal policy idea at the business level could be to keep Naloxone at businesses or something related to housing options for persons experiencing Substance Use Disorder

Wrap Up

- Alex Fernandez, CODAC

Next Meeting

October 18th 2022. 2:00-3:30, Teams

Data Sharing

Action Plan: Activities, Timeframe, Responsible People/Orgs, Assets/ Resources



Three-Part Series: How to Advocate For Change

Behavioral Health Coalition & PIH-US Pima County

Thursday 9/15, 9/29, & 10/13 at 11am-12pm MST

Registration Link: https://pih.zoom.us/meeting/register/tJlud-ChpozoiGtRA0_osVFib0LbLT6FJpCzU

Brief Description:

A key skill of partners in the Behavioral Health Coalition is to understand and advocate for the needs of the individuals and communities they serve. Partners In Health's 3-part training series "How to Advocate for Change" will provide partners with an opportunity to sharpen their advocacy skills and learn how to best leverage influences of power to drive change that reflects their community's needs. In the first training, participants will learn the five components of power as they relate to advocacy and will be guided through constructing an advocacy strategy using a provided template. Each strategy will be designed to meet specific goals outlined by each partner and will include a power mapping exercise to identify stakeholders—including potential allies and opponents—and decision makers to target. We will expand on this in the second training. Going into the third training, participants will have a strong framework to finish outlining their strategy and think through effective actions.

- **9/15 - Module 1: Introduction to Advocacy**
 - What is advocacy
 - Misconceptions around advocacy
 - POWER!
 - Strategy chart (provided as a tool to use throughout the series, and beyond)
 - Campaign Goals
 - Organizational considerations
 - Lobbying rules
 - Campaign considerations during an election year
- **9/29 - Module 2: Targets, Allies, Constituents, Opponents**
- **10/13 - Module 3: Tactics, messaging, and strategy – real world examples**

Objectives for the Presentation:

1. Partners will be able to build out and workshop an advocacy strategy plan using a template provided in the presentation.
2. Partners will be able to identify stakeholders, including allies and opponents, to incorporate in their advocacy strategy plan.
3. Partners will be able to name ways that advocacy should be rooted in power, and begin mapping power for effective strategy, messaging, and tactics for change that is representative of community needs.

How will you engage the audience?

In this training series, we would like to engage the audience through the polling feature, the chat box, and by encouraging participants to unmute themselves when prompted, if they feel comfortable doing



so. We will spend a good amount of the time working with the audience to fill out an example advocacy strategy plan, and these features will allow participants to actively engage with the presenter, and even each other, throughout the presentation.